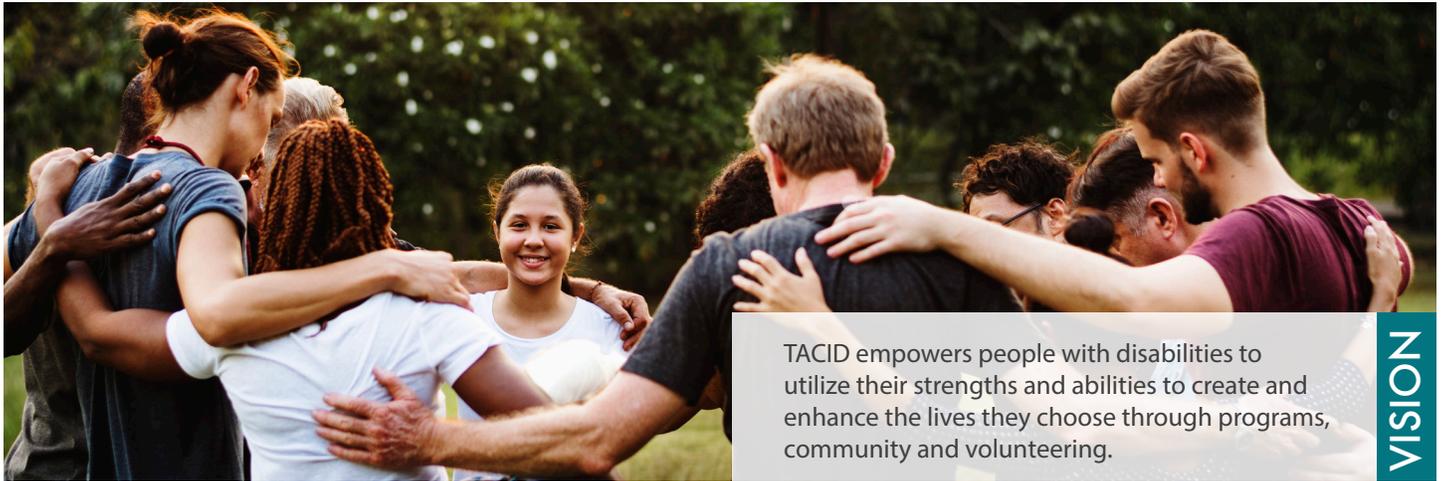


# Annual Report

2017 REPORT TO THE COMMUNITY

*Eliminating barriers by providing our programs and services for FREE*



TACID empowers people with disabilities to utilize their strengths and abilities to create and enhance the lives they choose through programs, community and volunteering.

VISION

## PERRY'S STORY

**Perry originally found TACID through a group for people with mood swings.**

He felt unable to connect with others and sometimes explosive anger which he had difficulty controlling. He was interested in starting his own peer support group for other people who were interested in coping with big emotions. He received ideas and resources for marketing his new group and ultimately partnered with a similar group outside of TACID. Perry decided not to continue with this group because he was unhappy with what he saw as a negative focus in their meetings.

He began attending TACID's Art in Recovery group which allowed him to begin making connections with other participants as well as exploring expression of his emotions through various art projects. While still very anxious that he might lose his temper and alienate others, in fact he experienced less outbursts over time

and developed connections in the group which allowed him to practice new skills.

Eventually, Perry chose to work individually with one of TACID's Peer Specialists to further work on how to develop friendships, to have a better relationship with himself, and explore the possibility of volunteering. Perry likes to develop goals for himself and feels grounded with the direction they provide. He actively works with mind mapping to develop his goals and explore new areas of growth. He continues to participate in Art in Recovery and feels increased safety and connection with the participants in the group. He is accepted in the group as a member of the LGBTQ community and as a person with mood challenges. Recently in this group, he inadvertently spilled paint thinner on his art work. Rather than explode as he might once have done, he practiced breathing and received support from the group. While he said he still felt anger inside, he didn't feel the helplessness that it would overwhelm him thanks to his ability to use his breathing techniques and receive the support of others he trusted.



# Dear Friends of TACID,

2017 at TACID was filled with blessings and gratitude. We experienced doors opening to new opportunities and partnerships, increased financial support that helped in our planning and made it possible to increase our capacity for 2018. And, after 38 years we finally have the TACID name on the front of the building, and our street sign on 19th was painted and made much bolder, which all helps people find us. However, above all of this are the amazing success stories and experiences of our 2,362 participants served in 2017.

A generous donation from IKEA provided 54 new office chairs for our main meeting rooms, updating and upgrading them so our participants are comfortable. After a fun and lively site visit, the Gary E. Milgard Family Foundation extended generous support to update and enhance our Day Room. They did this with new chairs, tables, microwave, refrigerator, WI game, TV, board games, and other activity resources. All of these changes enhance the experience of our TACID participants, and add to the welcoming environment we provide.

Work in 2017 paved the way to begin 2018 with: a Day Room Coordinator to plan, arrange, and oversee the 30+ daily participants; increase hours of part-time staff who wanted to work full-time; and add new day and evening groups requested by participants.

Our community garden was robust, providing 30 pounds of potatoes for potlucks, pumpkins for Coconut Pumpkin Curry Soup, and a variety of special treats for participants throughout the summer and fall, as well as fresh produce for them to take home and utilize.

We invite you to imagine your first time visiting TACID. For many, it is a visit that takes courage, but when it happens, it is transformative. When you walk through the doors of TACID you find yourself in a place of belonging, inclusivity, and acceptance. You're greeted immediately – you are seen and valued. You know you're in a place where people aren't defined by their disabilities, but rather by their abilities and perseverance. At TACID we're not "people with disabilities." We're just people.

Empowerment to determine your own journey is a key value at TACID and participants access our free services and resources in the manner they see best for themselves. Our participants can attend as much or as little as they like without judgement or intrusive questioning. Connection, self-determination and the courage to grow guide all services and participation. "Participating at TACID helped me open up and learn how to release my emotions in a powerful and constructive way," says Jerry, a TACID participant. Magic happens here..... Come see for yourself.

Sincerely,



Nola B. Renz,  
*Executive Director*

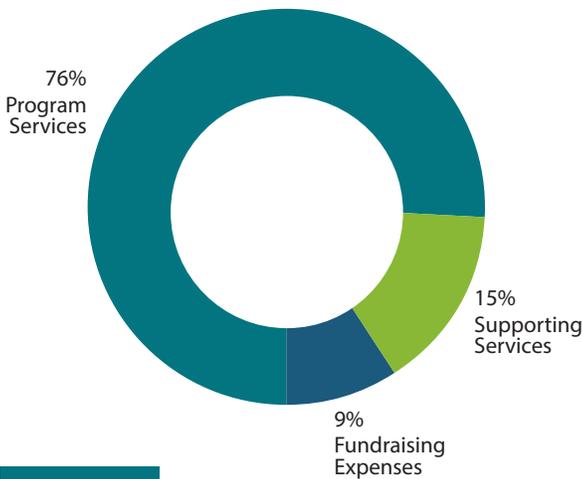
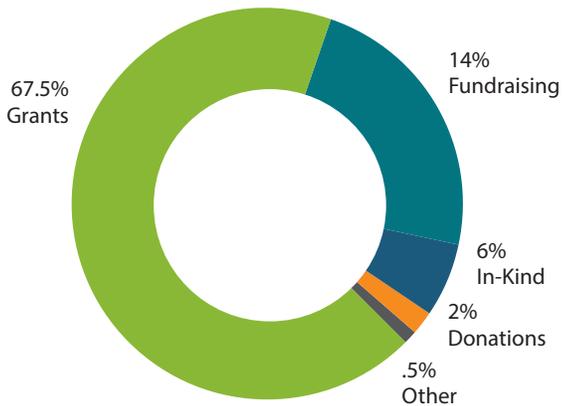


John Bailey,  
*Board President*

## OUR MISSION

Tacoma Area Coalition of Individuals with Disabilities (TACID) mission is to promote the independence of individuals with disabilities through peer support, advocacy, and self-sufficiency programs.

# FINANCIALS



## Income

Grants	\$555,947
Donations	\$ 17,573
Fundraising	\$ 50,210
In-Kind Donations	\$197,407
Other	\$ 1,202
<b>Net Assets released from Restriction</b>	<b>\$186,606</b>

**TOTAL REVENUE** **\$823,339**

## Expenses

Program Services	\$614,679
Supporting Services	\$121,997
Fundraising	\$ 71,109

**TOTAL EXPENSES** **\$807,785**  
*Change in Net Assets (\$15,554)*

# DATA

**2,363**   
 Unduplicated adult individuals participated in programs and services at TACID

**13,772**   
 Services were provided to these participants

**6,130**   
 Volunteer hours provided by 62 volunteers

**8.2**   
 Full-time equivalent staff

# PROGRAM



## THE WELLNESS & PEER SUPPORT PROGRAM

This program is an evidence based Peer Support Model for building hope, empowerment and social connection through the sharing of common experiences, challenges and solutions. The program focuses on wellness, recovery and resiliency.



## BEHAVIORAL HEALTH OMBUDS

Services for Pierce County are available at TACID and assists individuals from birth to death who are enrolled in Medicaid-funded behavioral health services to resolve grievances with their behavioral health provider.



## INFORMATION & REFERRAL

These services provide in-depth information about community resources to people with disabilities, their family members, friends and providers. This service connects people to programs and supports.

# HOW TO GIVE

## DONATE

Donors provide the power for the organization. When you donate you make it possible for us to keep the lights on, purchase supplies, train volunteers, hire and keep qualified staff, and have engaging groups and activities. Thank you! These things couldn't happen without your generous support.

- 1) **Donate online: [TACID.org/donate](http://TACID.org/donate)**
- 2) **Mail a check: 6315 S. 19th Street Tacoma, WA 98466**
- 3) **Amazon Smile: Make TACID your charity of choice**

## BOARD OF DIRECTORS 2017

John Bailey – President  
Greg Warren – Vice President  
Ryan Horan – Treasurer  
Laura Hagemann- Secretary  
Michael Philichi  
Ann James  
Nan Peele

## DONORS

We want to thank our 2017 donors. Your contributions allow us to continue providing excellent programs and services for our participants. We attempt to list all of our contributors, if your name was omitted, we sincerely apologize.

### EMPOWERING ABILITIES

#### GIVING SOCIETY

Empowering Abilities  
GIVING SOCIETY MEMBERS  
(5 year pledges)  
Gerrit Nyland  
Randal & Joyce Lert  
Anne James  
John Bailey  
Nola Renz

#### INDIVIDUAL NAMES

John Anderson  
John Bailey  
Janet BeMiller  
Skylar Bihl  
Patricia Boucher  
Jerry Bowen

Marsha Doman Masters  
Mike Brandstetter  
Peter Carlstrom  
Tanya Carter  
Kirby Christopher  
Becky Cleary  
All American Motors –  
Brandon Clifton  
Cynthia Curry  
Don & Margaret Doman  
Meaghan Driscoll  
Patty Dunham  
Kory Eggenberger  
L. Brien Elvins  
Pat Flynn  
Foley Insurance Group –  
Mandon Foley  
Evan Fuller

Hal J. Geiersbach  
Michael Gintz  
Kevin Grossman  
Laura Hagemann  
Judy Hanson  
Tawny Hembry  
Todd Henry  
Jan & Christal Hillstead  
Audrey Hockman  
Marion Hogan  
Patrick Horan  
Ryan Horan  
Kevin House  
Arlene Joe  
Alexandria Johnson  
Kelly Johnson  
Stella Jones  
Tatiana Kaminsky

Oriana Kneisler  
Christopher Kraft  
John Krakenberg  
Micah Lebank  
Lisa Leonard  
Randall & Joyce Lert  
Nalani Linder  
Susan Lord  
Keith Masters  
Juli McGruder  
Kate Naeseth  
Cindy Niemi  
Vivie Nguyen  
Marta O'Brien  
Jessica Ober  
Jacki Pearce-Droge  
Steve & Kathleen Pierce  
Nancy Peele

Michael Philichi  
Jennifer & Lois Pitonyak  
Theresa Ramos  
Carly & Nathan Roberts  
Paul & Karen Roberts  
Janet Runbeck  
Brian Salva  
Chris Scott  
Jody Serl  
David Seago  
Pamela Smith  
Lisa Stiebrs  
Ronald Stone  
Tammara Tison  
Bret & Elizabeth Tustison  
Mesa Winter

### ORGANIZATIONS

Civitan  
Hearing Loss Association of  
Tacoma Area  
Healthcare Providers Council  
Knights of Columbus  
NAMI of Pierce County  
Post Polio Group  
Regence  
United Way of Greater Atlanta  
United Way of Washington

### IN-KIND DONATIONS

Carol Merz  
City of Tacoma  
Diane Anderson  
Debi Davis  
United Way of Pierce County (Gifts  
In-Kind)  
Harry Taylor  
IKEA  
Jeanne Werner-Spaulding  
John & Johannah Franich

Joseph Zambuto  
Kenneth Bliss  
Kroger  
Michael Freeman  
Nettie Layeock

### SPONSOR

Connelly Law  
Waddell & Reed  
Tacoma Lutheran Retirement  
Sound Credit Union

## VOLUNTEER

We provide a wide range of activities, computer lab skill building, clothing bank, training, workshops, and day to day support with the assistance of our volunteers. Volunteering provides a meaningful resource that enhances the lives of the participants. Please consider making an investment of your gifts and talents with us. For more information contact: **Marsha at [marsha@tacid.org](mailto:marsha@tacid.org)**

## CURRENT STAFF

Nola Renz – Executive Director  
Patty Noel – Executive Assistant  
Mesa Winter – Wellness & Recovery Manager  
Anne Clay – Wellness & Recovery Peer Support Specialist  
Lisa Stiebrs – Wellness & Recovery Peer Support Specialist  
Barbara Glenn – Williams – Information and Referral Specialist  
Marsha Doman-Masters – Volunteer Coordinator  
Walter Williams – Day Room Coordinator  
Michelle Tinkler – Behavioral Health Ombuds  
Princene Johnson – Behavioral Health Ombuds  
Tammara Tison – Office Assistant  
Lori Allison – Braille Instructor

Home Street Bank  
Michael Philichi  
Ted & Lisa Philichi